

Annandale Exchange

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Source: <http://www.michaelbarraclough.com>
Formation: Circle for 3 couple (scatter mixer)
Music: 32-bar jigs and reels

Notes:

- 1) This is an adaptation of a dance called The Borrowdale Exchange by Derek Haynes (1991) which is published in Carnforth Scottish Dances Book 2. The key feature of that dance (B1) is retained but the As have been altered slightly to make it better for new dancers.
- 2) It does not matter if you can only find one other couple, or even 3 other couples in B2. It still works!

Dance:

- A1 1-4 Circle left
5-8 Into the center & out
- A2 1-4 Circle right
5-8 Into the center & out
- B1 1-4 Star right
5-8 Get new partner (*lowest pair, the man pulls the lady to him, next lowest etc and swing if you get time*)
- B2 1-8 Promenade (*this new partner*) around and find 2 more couples